THE BALANCED SYSTEM®
A STRATEGIC, OUTCOMES BASED, WHOLE SYSTEM FRAMEWORK

Core elements
• Identifies the core components of a whole system
• Building blocks of outcomes, integrated workforce, engagement with parents / carers and young people
• Strong Leadership and Management
• Service delivery built on base of training and development
• Delivery across three levels
• Wider and specialist workforce at all levels of the system
Balanced System Five Strands®

- Identifies the five key areas which **all** need to be addressed if systemic change is to be achieved and sustained

<table>
<thead>
<tr>
<th>FIVE STRANDS</th>
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<tbody>
<tr>
<td>FAMILIES AND YOUNG PEOPLE</td>
<td>• Are supported with appropriate information to make informed choices and skills to support development</td>
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<tr>
<td>ENVIRONMENTS</td>
<td>• Are audited, adapted and enhanced to maximise participation</td>
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<tr>
<td>WORKFORCE</td>
<td>• Specialist knowledge and skills are used to build capacity in the wider workforce to support across universal, targeted and specialist levels of provision</td>
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<td>IDENTIFICATION</td>
<td>• Is efficient and accessible including training of others to identify and provision of pre-referral advice in community settings</td>
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<tr>
<td>INTERVENTION</td>
<td>• Is appropriate and timely, and may include direct or indirect, individual and group interventions delivered in a functional context</td>
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Balanced System® Integrated Solution

- Identifies the ‘what?’ (outcome and outcome measure for each strand and level)

- Identifies the ‘how’ (contributions required of different elements of the workforce and supporting context)
Balanced System® Outcome Measurement Framework

- Outcomes for each strand and level in the system
- Measures identified across 4 levels of
  - Input, Reach, Quality, Impact
  - IMPACT is the goal
  - In reality a mix of measures is required
  - HOW these measures are evidenced is flexible
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Essential to understand the relationship between
• Population
• Intervention
• Workforce is not linear

• Proportions of service available at different levels need to be adjusted based on needs assessment